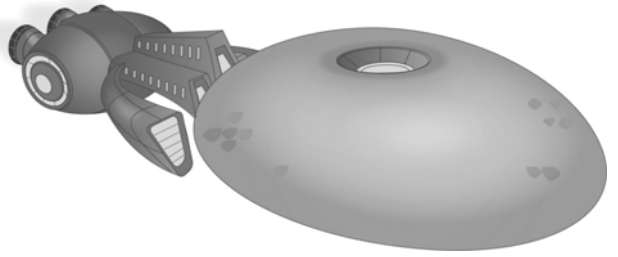
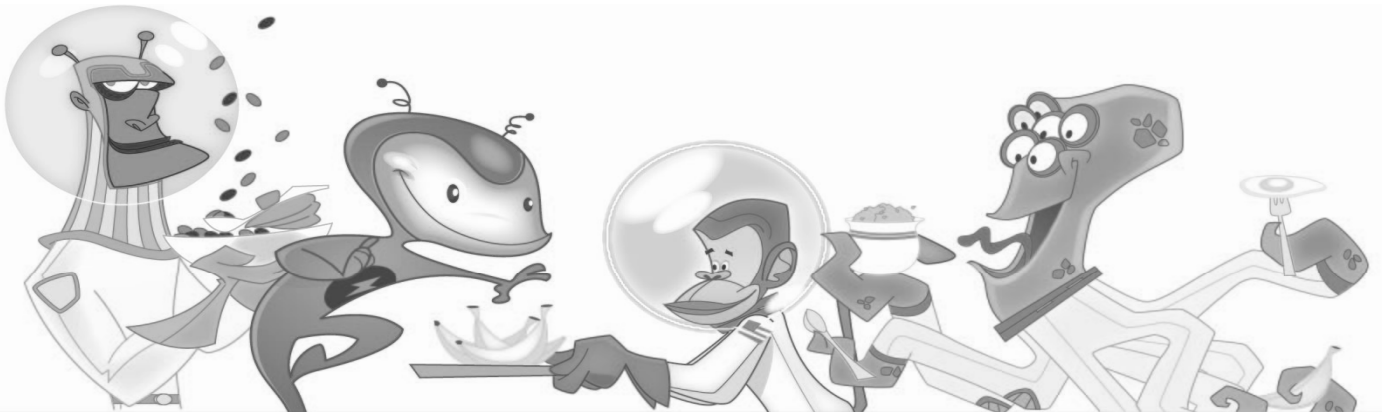


Breakfast Bites Cosmic Quiz

(To find the answers, log onto www.SchoolBreakfast.Org and click on Breakfast Bites)



1. What are some of the results of skipping breakfast?
 - A. Hungry in Class
 - B. Ravenous at lunch time
 - C. Difficulty in concentrating
 - D. Weight gain
 - E. All of the above
2. How do you say Breakfast in German?
 - A. Frühstück
 - B. Breckfaster
 - C. Sausfast
 - D. Gabelfrühstück
3. By weight, the Sun is approximately 70% ____?
 - A. Oxygen
 - B. Helium
 - C. Nitrogen
 - D. Hydrogen
4. What are the benefits of a good breakfast:
 - A. it provides energy to start the day
 - B. it aids better concentration
 - C. you feel less hungry in the morning and at lunchtime
 - D. all of the above
5. People who eat a healthy breakfast are more likely to:
 - A. Consume more vitamins and minerals and less fat and cholesterol
 - B. Have more strength and endurance
 - C. Have better concentration and productivity throughout the morning
 - D. Control their weight
 - E. All of the above
6. Who was the first Person to set foot on the moon?
 - A. Buzz Aldrin
 - B. Yuri Gagarin
 - C. Neil Armstrong
 - D. Buzz Lightyear
7. Which of the following foods provides the most protein (protein is critical for building strong muscle)?
 - A. Cinnamon roll
 - B. Scrambled eggs
 - C. Caramel doughnut
 - D. Chocolate bar
8. What was the first living organism in space?
 - A. Fruit Fly
 - B. Monkey
 - C. Dog
 - D. Mouse
9. Who do you say Breakfast in French?
 - A. Pose Vite
 - B. Petit Dejeuner
 - C. Breakfaster
 - D. Mange matin
10. Saltenas are a traditional morning snack or breakfast food commonly found in ____?
 - A. Bolivia
 - B. China
 - C. Portugal
 - D. Greece



SCHOOL BREAKFAST FUEL YOUR IMAGINATION™



11. Can you guess the % of Americans who start their day with a bowl of cereal?

- A. 49%
- B. 32%
- C. 15%
- D. 67%

12. How much did the largest omelet weigh?

- A. 109 pounds
- B. 512 pounds
- C. 1,320 pounds
- D. 6,510 pounds

13. Which of the following is a traditional breakfast food?

- A. Spaghetti
- B. Baked Potato
- C. Whole Grain Cereal
- D. Tuna Sandwich

14. What is the name of our Galaxy?

- A. M100
- B. The Universe
- C. The Milky Way
- D. Europa

15. Is the American Flag still on the Moon?

- A. Yes
- B. No

16. Lunar Exploration formally began in what year?

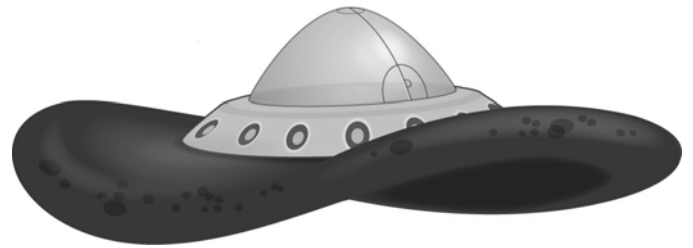
- A. 1959
- B. 1964
- C. 1969
- D. 1972

17. How do you say Breakfast in Spanish?

- A. Desayuno
- B. Passa Mana
- C. Breakfast
- D. Almeurzo

18. Chai is a commonly used alternative name for?

- A. Coffee
- B. Tea
- C. Soda
- D. Milk



19. What is a dosa?

- A. A nap during first class
- B. A south Indian breakfast food
- C. The Egyptian unit of currency
- D. The German word for a dairy cow

20. What's the name of the newest planet discovered in 2003?

- A. Scooby
- B. Eris
- C. Smith
- D. Elmo

